



Dear President:

Orthomolecular Medicine, related to Nutrigenetics / Nutrigenomics, is little known, little used by doctors in its various specialties, despite the wide variety of scientific publications that appear constantly, which endorse their properties, their acting capacity and its constant updating.

For the first time in Europe, the most important Congress on Orthomolecular Medicine will be held

ISOM is the International Society of Orthomolecular Medicine with representation in more than 20 countries and more than 30,000 members. ISOM was established in 1994. It is about taking 2 days to explain the advances in the therapy of nutritional supplementation, and to be able to apply them both in the therapy as in the preventive and predictive medicine, to provide clinical evidences of the advances in the nutritional therapy, and their needs, as well as causes of the loss of micronutrients both in food and in the body.

2 days of intense work where fresh news, scientific and clinical evidence will be provided for our practice

Who is it for?

To all doctors, biochemists, pharmacists, nutritionists, nurses, healthcare professionals and medical students who are interested in knowing this part of medicine or in correctly applying the appropriate treatments.

The congress will be held with simultaneous translation Spanish / English

For the Congress, it is vitally important disclosure through various professional societies and specialty for information arriving at all the medical community, professionals' nutrition and overall health

As organizer of the **49th Orthomolecular Medicine Today Congress, which will be held in Valencia on 5-6 June 2020**, I would like to have your support for the Congress, publishing the information of the Congress to all the members

Your action will allow the information to reach professionals who otherwise would be difficult to get the information

Please if you accept, allow us to put in the information of the Congress, which you have supported the Congress for it contact us confirming the support

Waiting for your welcome news,
Thank you

REGISTRATION:

- Full Conference Registration - €250
- Full Conference ISOM Member - €220
- Full Conference STUDENT - €150
- Master PNIE - €220

Registrations can be made through the congress website
<http://www.omtconference2020.com/>

Or send an email to:

Technical secretary:

M.I.C.E Valencia

Tel: (34) 963.107.189

omtconference2020@viajeseci.es

SCIENTIFIC PROGRAMME

Friday 5 JUNE 2020

9:00 – 9:15h. Welcome

9:15 – 10:05 TABLE 1. The well-fed immune system.

Prof. Aileen Burford-Mason (Canada)

10:05 – 10:55 TABLE 2. How to avoid exposure to endocrine disruptors.

Prof. Nicolás Olea (Spain)

10:55 – 11:15 DISCUSSION

11:15 – 11:45 Break

11:45 – 12:35 TABLE 3.

Dr. José Viña (Spain)

12:35 – 13:25 TABLE 4. Psychoneuroimmunology and global health.

Xevi Verdaguer Renart (Spain)

13:25 – 13:45 DISCUSSION

13:45 – 15:30 Lunch

15:30 – 16:20 TABLE 5. The scientific base of Orthomolecular medicine.

Dr. Emmaar Vogelaar (Holland)

16:20 – 17:10 TABLE 6. Nutritional and Integrative Aspect in Depression and Bipolar Disorder.

Dr. Bo Jonsson, MD, PhD (Sweden)

17:10 – 17:30 DISCUSSION

17:30 – 18:00 Break

18:00 – 18:50 TABLE 7. Orthomolecular Medicine for Brain Health - How to be Centenarian.

Dr. Shin Ishiguro (Japan)

18:50 – 19:40 TABLE 8. Healing through nutrition: using the Perfect Health Diet (PHD) according to Proteomis (functional proteomic profile) diagnostics; how do I find the right nutrition for my patient?

Dr. Alain Reymond (France)

19:40 – 20:00 DISCUSSION

Annual Orthomolecular Medicine Hall of Fame

Reception, Dinner and induction program

SATURDAY 6 JUNE 2020

9:00 – 10:00 Assembly

10:00 – 10:50 TABLE 9. Continuous vitamin C infusions in the treatment of cancer patients.

Dra. Nina Mikirova (USA)

10:50 – 11:00 DISCUSSION

11:00 – 11:30 Break

11:30 – 12:20 TABLE 10. Avances en el Uso de la Vitamina C y optimización Metabólica en Cáncer.

Prof. Jorge Miranda (Puerto Rico)

12:20 – 13:10 TABLE 11. Potential benefits of adaptogens in ageing.

Dr. Alexander Panossian (Sweden)

13:10 – 13:30 DISCUSSION

13:30 – 15:00 Lunch

15:00 – 15:50 TABLE 12. The interaction between iodine and selenium.

Prof. Frits Muskiet (Holland)

15:50 – 16:40 TABLE 13. Orthomolecular Medicine in aesthetics.

Dr. Serres (Spain)

16:40 – 17:00 DISCUSSION

17:00 – 17:30 Break

17:30 – 18:00 TABLE 14. Metabolic control and tumor processes.

Dr. Antonio Hernández Armenteros (Spain)

18:00 – 18:30 TABLE 15. Systemic Enzyme Therapy: a nutritional intervention for the management of inflammation".

Dra. Silvia Paz (Spain)

18:30 – 19:00 TABLE 16. Initiation to the Integrative Approach in Renal Transplantation.

D. Juan José Gascó Esparza (Spain)

19:00 – 19:15 DISCUSSION